

# Kansas Prescription Drug and Opioid Advisory Committee

**Vision:** to build capacity, mobilize resources, and enhance the quality and availability of data to support data-driven strategic planning at the state and local level, and to implement best practices associated with prescription drug misuse and illicit opioid use across the State.

## Priorities:

- Reduce the prevalence and incidence of prescription drug misuse and illicit opioid use.
- Decrease rates of OUD, opioid overdose emergency department visits, and opioid overdose mortality.
- Increase public knowledge and understanding of the consequences associated with prescription drug misuse and illicit opioid use.
- Increase access and use of intervention and treatment resources.
- Develop systems designed to increase capacity and reduce gaps and identified barriers through the development of a collaborative, multi-disciplinary strategic plan.
- Sustain and increase quantity, intensity, scope, and saturation of evidence-based prevention strategies in place to address prescription drug misuse and illicit opioid use.



## Partners:

Collaboration between state agencies and partners with a vested interest in the epidemic. This includes coordination between statewide grants such as the Kansas Partnerships for Success 2015 Prescription Drug Prevention Initiative, State Targeted Response to the Opioid Crisis, and CDC Prescription Drug Overdose: Data Driven Prevention Initiative.

**Partner agencies include:** Kansas Department for Aging and Disability Services, Kansas Department of Health and Environment, DCCCA, Kansas Board of Pharmacy, Kansas Board of Healing Arts, Kansas Bureau of Investigation, The University of Kansas Medical Center, Kansas Partnership for Pain Management, Kansas Poison Control Center, Kansas City Metro Methadone Program, Kansas Foundation for Medical Care, Kansas Pharmacists Association, Kansas Department of Corrections, American Association of Oral and Maxillofacial Surgeons, Greenbush, Kansas Department for Children and Families, Kansas Sheriffs Association, Kansas Association of Chiefs of Police, Topeka Police Department, US Attorney's Office - District of Kansas, Child Death Review Board, Central Kansas Foundation, Shawnee Mission Medical Center, Kansas State Board of Education, US Department of Agriculture, US Department of Health and Human Services, Kansas Health Institute, Stormont Vail, Kickapoo, and Iowa Tribe of Kansas and Nebraska, Attorney General's Office, Hutchinson Clinic, Kansas State University, Blue Valley School District, Kansas Family Partnership, Mirror, Safe Streets Wichita, Allen County Multi-Agency Team, Kansas Hospital Association, Kansas Medical Society, Kansas Healthcare Collaborative, Shawnee County Collaborative on Chronic Pain, and Sunflower Health Plans.

For more information contact the Advisory Committee Chair: Krista Machado, kmachado@dcca.org, 785.841.4138.

# Prescription Drug and Opioid Related Efforts Occurring in Kansas

Partnerships for Success Prescription Drug Initiative (PFS)	<b>DCCCA</b> Funded by KDADS for state-level prevention of the non-medical use of prescription drugs in high-risk areas. This includes funding community coalitions, coordinating prevention activities across the state, and facilitating the Advisory Committee.
Data-Driven Prevention Initiative (DDPI)	<b>Kansas Department of Health and Environment</b> Cooperative agreement with the CDC to decrease rates of opioid abuse, rates of ED visits related to opioids, rates of drug overdose deaths, and improve health outcomes across Kansas.
State Targeted Response to the Opioid Crisis (STR)	<b>Kansas Department for Aging and Disability Services</b> Increase access to treatment, and reduce opioid overdose-related deaths through the provision of prevention, treatment, and recovery activities for opioid use disorder.
Special Innovation Project (SIP)	<b>Kansas Foundation for Medical Care</b> Funded by CMS for projects related to high risk Medicare consumers for opioid use. Includes trainings for opioid misuse prevention and prescribing practices.
K-TRACS	<b>Kansas Board of Pharmacy</b> Prescription drug monitoring program for the monitoring of scheduled substances and drugs of concern dispensed in this state.
Kansas Poison Control Center	<b>The University of Kansas Health System</b> 24-hour hotline comprised of critical care nurses, pharmacists or medical doctors to advise on poison management. The PCC also has educational resources for medication safety and poison prevention.
Kansas Partnership for Pain Management	<b>The University of Kansas Health System</b> Statewide multi-disciplinary initiative aimed at improving practice performance for the assessment and management of chronic pain by providing educational opportunities for providers.
Project ECHO- Pain Management & Addiction	<b>The University of Kansas Health System</b> An evidenced-based educational model that creates a virtual community of learners who engage with each other in a collaborative, case-based learning over videoconference.
Kansas Communities that Care Student Survey (KCTC)	<b>Greenbush- The Southeast Kansas Education Service Center</b> Annual survey, funded by KDADS, administered to 6th, 8th, 10th, and 12th graders that examines the factors in a student's life that put them at risk for substance abuse, academic failure and other negative outcomes, as well as the factors that protect them from those outcomes.
Shawnee County Chronic Pain Collaborative	<b>Valeo</b> Partnership between providers to improve the health of the community by working to decrease misuse and adverse effects from the prescription of controlled substances for chronic pain.
National Governor's Association Learning Lab	<b>Kansas Department of Corrections</b> Collaboration between agencies in Kansas to develop a plan to expand access to Opioid Use Disorder treatment for justice involved populations.

# Kansas Prescription Drug and Opioid Advisory Committee

Chair: Krista Machado

## Treatment and Recovery

Chair: Daniel Warren

Expand Medication Assisted Treatment

Expand Peer Support

Workforce Development

Access to Residential Services

Student Education

Best Practices Education

KTRACS Utilization

Resource Repository

## Provider Education

Chair: Talal Khan

Develop Website

Community Mobilization

## Prevention

Chair: Adrienne Hearrell

Safe Use, Storage, Disposal

## Law Enforcement

Chair: Ed Klump

Public Education

Statewide Campaigns

## Neonatal Abstinence Syndrome

Chair: Sarah Fischer

Data and Reporting

Pregnant Women Treatment Access

Vermont Oxford Network

Prevention Education

Justice-Involved Treatment Access

Law Enforcement Education

Naloxone Utilization

911 Good Samaritan Law

## Sub-Committees

## Membership

Kansas Department for Aging and Disability Services  
 Kansas Department of Health and Environment  
 DCCCA  
 Kansas Bureau of Investigation  
 Kansas Hospital Association  
 Kansas Foundation for Medical Care  
 University of Kansas School of Medicine- Wichita  
 University of Kansas Medical Center  
 Kansas Poison Control Center  
 US Department of Health and Human Services  
 Kansas State Child Death Review Board  
 Kansas Pharmacists Association  
 Kansas Department of Corrections  
 Kansas Attorney General's Office

Kansas Board of Pharmacy  
 Kansas Board of Healing Arts  
 Kansas Medical Society  
 Kansas Association of Chiefs of Police  
 Kansas Sheriffs Association  
 Kansas Native American Affairs  
 US Attorney's Office - District of Kansas  
 Kansas Healthcare Collaborative  
 Kansas Health Institute  
 Kickapoo Social Services  
 Iowa Tribe of Kansas and Nebraska  
 Substance Abuse Center of Kansas  
 Hutchinson Clinic  
 US Department of Agriculture

Greenbush- Southeast Kansas Education Service Center  
 Kansas Department for Children and Families  
 Kansas State Board of Education  
 Mirror Inc.  
 Sunflower Health Plans  
 Central Kansas Foundation  
 Topeka Police Department  
 Shawnee Mission Medical Center  
 American Association of Oral & Maxillofacial Surgeons  
 Kansas Family Partnership  
 Allen County Multi-Agency Team  
 Safe Streets Wichita  
 Blue Valley School District  
 Douglas County Health Department

# Kansas Prescription Drug and Opioid Strategies

1

## PREVENTION

1. Develop a collaborative, state website as an informational hub to increase public awareness and facilitate a coordinated response to prescription drug, and prescription/illicit opioid misuse, abuse, dependence, and overdose
2. Implement coordinated statewide health communication campaigns
3. Promote safe use, storage, and disposal of prescription drugs
4. Develop and disseminate educational materials for professional and non-professional audiences
5. Increase the number of community coalitions addressing prescription drug and illicit opioid misuse/overdose
6. Collect, analyze, use, and disseminate surveillance data to inform prevention efforts and monitor trends

2

## PROVIDER EDUCATION

1. Provide educational opportunities on evidence-based practices for opioid use disorder (OUD), medication assisted treatment (MAT), and pain management
2. Develop a joint committee to engage subject matter experts to identify and promote best practices
3. Increase registration and use of Kansas's prescription drug monitoring program, K-TRACS
4. Develop and disseminate a comprehensive resource toolkit for prescribers
5. Develop and implement opioid prescribing policies and prior authorizations
6. Increase access and utilization of SBIRT

3

## TREATMENT AND RECOVERY

1. Expand access and utilization of MAT for OUD
2. Expand peer support services, to support a comprehensive treatment and recovery-oriented system of care
3. Increase access to sober living programs in Kansas accepting MAT/OUD patients
4. Increase access to residential and medically managed withdrawal treatment services for OUD
5. Recommend Kansas implement workforce development programs to increase appeal of the addiction profession

4

## LAW ENFORCEMENT

1. Increase utilization of evidence-based OUD treatment and recovery services among justice-involved populations
2. Increase awareness, availability, and utilization of Naloxone within Kansas law enforcement agencies
3. Provide face to face and online training opportunities to current and prospective law enforcement officers
4. Recommend that Kansas enact a 911 Good Samaritan Law

5

## NEONATAL ABSTINENCE SYNDROME

1. Promote prevention activities for OUD prior to pregnancy
2. Promote standardized universal screenings to identify those at risk
3. Increase access of substance use treatment for pregnant women with OUD
4. Identify standardized best practices for diagnosis, coding, and tracking of neonatal abstinence syndrome (NAS)
5. Establish a reporting protocol for tracking NAS cases
6. Facilitate connection/access to services for mom and baby
7. Provide NAS training opportunities for healthcare professionals through the Vermont Oxford Network (VON)



# Partnerships for Success 2015 Prescription Drug Prevention Initiative



PARTNERSHIPS

FOR

SUCCESS

Prescription drug overdose deaths have quadrupled among 12-25 year olds in Kansas over the past 12 years. DCCCA Prevention Services addresses the prescription drug issue in Kansas through the Partnerships for Success (PFS) Initiative funded by the Kansas Department for Aging and Disability Services (KDADS). The purpose of our project is two-fold. On a statewide level, we collaborate with key stakeholders to develop a comprehensive strategic State plan that identifies and implements evidence-based prevention strategies to prevent the non-medical use of prescription drugs. On a local level, we work with community coalitions to implement strategies that generate awareness and reduce the incidence of the non-medical use of prescription drugs.

# DCCCA PARTNERSHIPS FOR SUCCESS PROJECTS

## STATEWIDE PLANNING AND IMPLEMENTATION

DCCCA coordinates the Kansas Prescription Drug and Opioid Advisory Committee to develop a comprehensive, multi-disciplinary strategic plan addressing the epidemic in our State. This effort includes coordination between current grants and efforts occurring in Kansas, such as the Kansas Partnerships for Success Prescription Drug Prevention Initiative, Prescription Drug Overdose: Data-Driven Prevention Initiative, and the State Targeted Response to the Opioid Crisis.

## COMMUNITY COALITION PILOT SITES

DCCCA provides sub-recipient grant funding to community coalitions in high-risk areas to develop a strategic plan and implement selected evidence-based strategies in their community to prevent the incidence of non-medical use of prescription drugs among individuals between the ages of 12-25.

### FUNDED COMMUNITY COALITIONS

Live Well Live Atchison  
Safe Streets Wichita  
Live Well Finney County

## DATA COLLECTION PILOT PROJECT

The Kansas City Metro Methadone Program (KCMMP) pilot project digs deeper into the assessment of the prescription drug epidemic in Kansas by obtaining new data on patients seeking and receiving treatment for Opioid Use Disorder. The data is utilized to assess potential risk factors and guide resources and planning for the reduction of the incidence and prevalence of prescription drug misuse and abuse among individuals between the ages of 12-25 in Kansas. DCCCA and Greenbush plan to expand the project by adding a second site in South Central Kansas to obtain data on a more representative population of Kansas.

### SIGNIFICANT DATA POINTS TO DATE

- 82.1% initiated use between the ages of 11-25
- 75.3% are single, divorced, or separated
- 61.7% earn LESS than \$20k per year
- 24.7% report Hydrocodone or Vicodin as initiation drug
- 53.6% report initiation drug taken by prescription
- 91.5% use primary substance DAILY
- 73.5% report family history of addiction
- 60.3% have a personal history of trauma

## MEDICATION DISPOSAL PILOT PROJECTS

The goal of this pilot is to increase safe disposal of prescription opioids using medication disposal products, in target populations, to decrease social availability for individuals between the ages of 12-25. The project is targeting five independent pharmacies located in counties with high risk prescribing areas to provide a resource for disposing of leftover medications with non-maintenance opioid prescriptions. Current sites locations include; Salina, Pratt, Hesston, Erie, Ottawa, Hutchinson, and La Cygne, Kansas.

### CURRENT PHARMACY PILOTS

B&K Prescription Shop  
Pratt Medical Arts Pharmacy  
Hesston Pharmacy  
Richey's Drug Store

Kramer Pharmacy  
Hutchinson Clinic Pharmacy  
Silver Creek Pharmacy

## SAFE STORAGE PILOT PROJECT

This pilot project provides medication lockboxes to all foster families within the DCCCA Child Placing Agency. These boxes promote safe use, storage, and transportation of medication for children in foster care and help to prevent accidental poisoning and misuse.

**The Kansas Opioid State Targeted Response to the Opioid Crisis project (STR) will expand capacity of the existing regional treatment provider network with a focus on accessible opioid treatment. A thorough assessment and strategic action plan involving local stakeholders will provide the foundation for implementation of evidence-based practices, telehealth, medication assisted treatment (MAT), peer recovery, etc. The STR project will focus on building community capacity for a successful community response to the opioid crisis through the following goals:**

**1**

**Build an enhanced, statewide infrastructure to address opioid misuse in Kansas**

**2**

**Increase awareness of opioid risks through statewide prevention efforts**

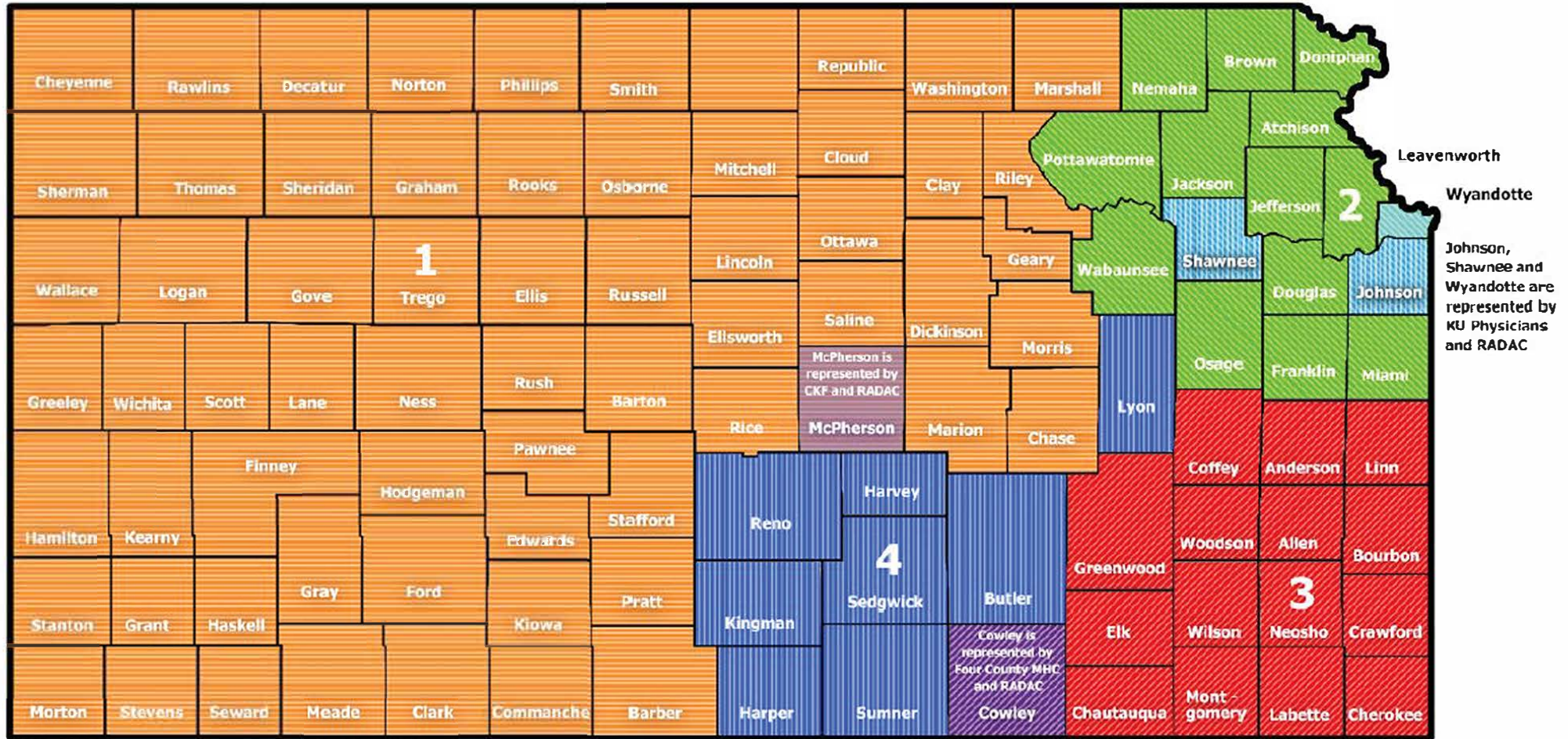
**3**

**Increase the use of medication assisted treatment and other evidence-based practices in Kansas**

**Statewide Substance Use  
Treatment Referral Line  
1-866-645-8216**



# KANSAS OPIOID STR PROGRAM



**1 Central Kansas Foundation**  
Provided in 65 counties

**Central Kansas Foundation**  
Salina, Kansas 67401  
**Shane Hudson:** [shudson@c-k-f.org](mailto:shudson@c-k-f.org)  
**Larry Black:** [ouddirector@c-k-f.org](mailto:ouddirector@c-k-f.org)  
(785) 825-6224

**2 KU Physicians, Inc.**  
Provided in 16 counties

**KU Physicians, Inc.**  
**Lauren Lucht, MA, LCP** Office:  
(913) 574-0301  
Cell: (785) 554-3421  
Pager: 917-6407

**Callie Grantham, LPC, LAC**  
(913) 945-7031  
[cgrantham2@kumc.edu](mailto:cgrantham2@kumc.edu)

**3 Four County Mental Health Center**  
Provided in 16 counties

**Four County MHC**  
**Justin Doane**  
Office: (620) 464-3077  
[jdoane@fourcounty.com](mailto:jdoane@fourcounty.com)

**Melissa Lunsford**  
(620) 332-1926  
[mlunsford@fourcounty.com](mailto:mlunsford@fourcounty.com)

**4 Heartland RADAC**  
Provided in 12 counties

**Heartland RADAC and Substance Abuse Center of Kansas, Inc. (SACK)**  
**Jason Hess**  
Heartland RADAC  
(913) 789-0951

**Chad Harmon, (SACK)**  
(316) 267-3825  
[chad@sackansas.com](mailto:chad@sackansas.com)





## KANSAS DEPARTMENT FOR AGING AND DISABILITY SERVICES (KDADS) Grant Implementation Plan

**Grant Title:** “State Opioid Response” (SOR) grant

**Funding Amount:** \$4,047,286

**Project Period:** 9/30/2018 – 10/29/2019

Implementation plan for State Opioid Response (SOR) grant:

- KDADS plans to serve more than 1,400 additional consumers. Grant funds will be used to:
- Increase access to treatment
- Reduce opioid overdose-related deaths through the provision of prevention and treatment services,
- Increase access to recovery activities for Opioid Use Disorder (OUD) including prescription opioids, as well as, illicit drugs such as heroin
- Provide for data collection and reporting, including client-level data collection; reporting will be provided by The Southeast Kansas Education Service Center.
- Coordinate activities to eliminate duplication of services and programs
- Assess the needs of Kansas tribes using a strategic planning process and build a relationship with the Tribal Liaison; provide training and support to Kansas tribes.
- Increase the capacity of medical and other health care settings to complete screening, brief intervention and referrals to treatment(SBIRT) for OUD
- Expand the access to physicians and other eligible practitioners who are authorized to prescribe Buprenorphine and other opioid withdrawal management medications.
- Create access to telehealth assessment and telehealth treatment resources in areas of Southeast and Western Kansas where services are lacking
- Enhance care coordination with medication-assisted treatment (MAT) providers and increase the number of MAT providers
- Provide training and support to areas in Western Kansas to increase number of Oxford Houses in the regions.
- Oxford Houses are a self-run, self-supported residential recovery programs for individuals recovering from alcoholism and drug addiction. Oxford Houses assure an alcohol and drug-free living environment.
- Provide effective community education and training related to overdose prevention
- Increase Naloxone utilization by first responders, behavioral health communities and healthcare providers



## KANSAS DEPARTMENT OF HEALTH AND ENVIRONMENT (KDHE) Cooperative Agreement Activities

**Funding Opportunity Title:** *Kansas Data-Driven Prevention Initiative Cooperative Agreement*  
**Project Period:** 09/1/2016 – 08/31/2019

The Kansas Department of Health and Environment has a Cooperative Agreement with the CDC Prescription Drug Overdose: Data-Driven Prevention Initiative. The objective of this initiative is to decrease prescription and illicit opioid abuse, misuse, and dependence, to decrease rates of fatal and non-fatal poisoning deaths in Kansas by implement a three-pronged approach composed of strategic planning, data collection and analysis, and a “Prevention in Action” plan.

- Approximately \$100,000 from this initiative has been allocated to provide funding awards to up to 10 community-level organizations, such as local health departments, to implement community-level opioid misuse and overdose prevention strategies.
- Partnering with the Kansas Board of Pharmacy to integrate Electronic Medical Records and Pharmacy Management Systems with Kansas's Prescription Drug Monitoring Program, K-TRACS.
- Providing and coordinating trainings to health care professionals on best practices for pain assessment, management, and safe opioid prescribing including.
- Disseminating the CDC Rx Awareness messaging through various communication channels such as radio, billboards, and online venues, to raise public awareness of the risks associated with prescription opioids.
- Performing data collection and analysis to better understand the epidemic and assess progress toward program goals. Data sources include:
  - Drug-related mortality data,
  - Syndromic surveillance drug poisoning data from emergency departments,
  - Emergency department admission data and hospital discharge data,
  - K-TRACS controlled substances dispensation data,
  - Work with OVS and coroners to increase specificity of drug poisoning deaths,
  - Behavioral Risk Factor Surveillance System.
- In partnership with KDADS and DCCCA, convening the Kansas Prescription Drug and Opioid Advisory Committee.
- Implementing and evaluating the Kansas Prescription Drug and Opioid Misuse and Overdose Strategic Plan.
- Work with the Kansas Board of Pharmacy to provide system enhancements to K-TRACS.



## KANSAS DEPARTMENT OF HEALTH AND ENVIRONMENT (KDHE) Cooperative Agreement Activities

**Funding Opportunity Title:** *Opioid Overdose Crisis Response Cooperative Agreement*  
**Project Period:** 09/1/2018 – 08/31/2019

- Approximately \$1,000,000 from this initiative has been allocated to provide funding awards to up to 25 community-level organizations, such as local health departments, to implement community-level opioid misuse and overdose prevention and intervention strategies.
- Designing and disseminating a naloxone evaluation survey to law enforcement agencies across Kansas to determine which agencies do and do not provide their law enforcement officers with naloxone, the opioid overdose antidote.
- Training the trainer – developing Kansas TRAIN modules for local health department staff regarding national and Kansas-specific data regarding opioid-involved morbidity and mortality, current public health initiatives in Kansas, best practices for opioid misuse and overdose prevention and response and Kansas-specific treatment and recovery resources.
- Coordinating education and trainings to emergency medical services (EMS) personnel regarding best practices in responding to and managing opioid overdoses.
- Developing a continuing-education credited learning module for Kansas community health workers (CHWs) around opioid use disorder and overdose prevention and response.
- Providing and coordinating trainings to health care providers on best practices for prevention and treatment strategies, including: implementing the CDC Prescribing Guidelines for Chronic Pain, using Kansas's Prescription Drug Monitoring Program, K-TRACS, and obtaining the DATA-waiver to prescribe buprenorphine for medication assisted treatment.
- Enhancing information systems for the forensic science centers in South Central and North Eastern Kansas to promote the timely development of reports on suspected drug overdose deaths.
- Promoting use of these new system capacities, and educating coroners regarding documentation of specific causes of death for drug overdoses.
- Disseminating the CDC Rx Awareness 15 second video advertisements in movie theatre pre-shows, to raise public awareness of the risks associated with misusing prescription opioids.
- Educating local health department staff on the Screening, Brief Intervention, and Referral to Treatment (SBIRT) process.
- Funded communities will implement the Integrated Referral and Intake System (IRIS) to build an innovative and effective model of community-level coordination.
- Engaging local emergency departments to identify and implement promising emergency department opioid overdose protocols, policies, and procedures.
- Working with local treatment providers to facilitate the approvals process for implementation of Senate Bill 123 (2003-SB123).
- Providing funding to facilitate an opioid summit for education targeted to law enforcement, Fire/EMS, emergency department physicians, coroners, and prosecutors.
- Enhance opioid overdose syndromic surveillance in emergency departments.