Example

Eclampsia Checklist

□ **Call for Assistance**

□ **Designate:**
- □ **Team leader**
- □ **Checklist reader/recorder**
- □ **Primary RN**

□ **Ensure side rails up / padding is possible**

□ **Take Vital Signs (VS)**

□ **Protect airway and improve oxygenation:**
- □ **Maternal pulse oximetry**
- □ **Supplemental oxygen (100% non-rebreather)**
- □ **Lateral decubitus position**
- □ **Bag-mask ventilation available**
- □ **Suction available**

□ **Continuous fetal monitoring**

□ **Place IV / Draw preeclampsia labs**

□ **Administer magnesium sulfate**

□ **Antihypertensive therapy within 1 hour for persistent severe range BP (see Hypertensive Emergency Checklist)**

□ **Develop delivery plan, if appropriate**

□ **Antenatal corticosteroids (if indicated)**

□ **Place indwelling urinary catheter**

□ **Brain imaging if indicated**

□ **Debrief patient, family, and obstetric team**

Anticonvulsant Medications
Magnesium Sulfate *Contraindications: myasthenia gravis; avoid with pulmonary edema, use caution with renal failure*
IV access: □ Load 4-6 grams 10% magnesium sulfate in 100 mL solution over 20 min □ Label magnesium sulfate □ Connect to labeled infusion pump □ Maintenance 1-2 grams/hour **No IV access:** □ 10 grams of 50% solution IM (5 g in each buttock)
Recurrent seizures
□ **Magnesium sulfate (re-bolus):** 2 grams over 3-5 minutes □ **Lorazepam (Ativan):** 2-4 mg IV x 1, may repeat once after 10-15 min □ **Diazepam (Valium):** 5-10 mg IV q 5-10 min to maximum dose of 30 mg □ **Midazolam (IV or IM when IV access is not available):** 10 mg IM or 0.2 mg/Kg once (maximum dose: 10 mg)
For Persistent Seizures
□ Neuromuscular block and intubate □ Obtain radiographic imaging □ ICU admission □ Anticonvulsant medications □ Additional work-up
Guidance on Head Imaging
▪ Patients with seizures who do not fit the diagnosis of preeclampsia ▪ Persistent neurologic deficit ▪ Prolonged loss of consciousness ▪ Onset of seizures > 48 hours after giving birth ▪ Onset of seizures < 20 weeks ▪ Seizures despite magnesium therapy

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ACOG District II
SMI Safe Motherhood Initiative